

INFORMATION FOR RUNNERS



BIB NUMBER/ENVELOPE PICKUP

Saturday, June 16th: from 2pm to 6pm at the *Hôtel de la Monnaie* in Molsheim (Marathon Village).

Sunday, June 17th: from 6:30am to 9:00am at CORA in Dorlisheim.

It is not possible to pick up your bib numbers on Sunday at the Marathon Village.

It is not possible to pick up your bib numbers at the start of the half-marathon in Scharrachbergheim.

Do not forget to bring your <u>medical certificate</u> if you have not already sent it in with your registration, <u>it is required in order to pick up your bib number</u>. The medical certificate has to notice: "no cons to the practice of running <u>in competition</u>".

NEW TIMING SYSTEM AND DISPOSABLE TIMING DEVICES

The ULTRA HIGH FREQUENCE technology allows the usage of a disposable timing device attached to the back of your bib.

RACE STARTING POINTS

Saturday, June 16th:

- 7:30pm: Nordic's Walk – Hôtel de la Monnaie

Sunday, 17th:

- 8:00am: Marathon - CORA DORLISHEIM

9:00am : 10 km - CORA DORLISHEIM

10:00am: Half-Marathon – SCHARRACHBERGHEIM

8:30am – 10:00am : ADOT-UNAFAM Heart Walk – MARATHON VILLAGE

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BAG CHECK BE CAREFUL!

The organizing committee will not provide plastic bags. You will find, with your bib, a "luggage tag band", mentioning the number of your bib, to attach to your bag. Without this label we will not be able to keep your luggage.

The bags may be left at the designated bag check areas near the start of the races:

- CORA Dorlisheim for the Marathon and the 10 km ("Consigne" truck)
- Scharrachbergheim for the Half-Marathon ("Consigne" truck)
- At the gym "Hossenlopp" in Molsheim (near to the Marathon Village).

The organization will be in charge of bringing the bags to the gym "Hossenlopp" in Molsheim. The bags will be returned to the participants upon presentation of their bib.

Be careful: Bags must be picked up before 2:30pm; bags left at the bag check will be available on Monday at the Communauté de Communes de la Région de Molsheim-Mutzig (tel: 03.88.49.82.58).

PARKING & SHUTTLE BUSES

Shuttle buses will be available free of charge on Sunday between the following locations:

- From the finish line area (Molsheim) to the starting point (CORA Dorlisheim), from 7:00am to 4:00pm.
- **2** From CORA Dorlisheim to the starting point of Half-Marathon in Scharrachbergheim. Runners with bib numbers between 3001 and 3900 will leave with the shuttle at 8:15am; from 3901, with the shuttle at 9:00am; a seat will be reserved upon presentation of the bib. The shuttle will leave from CORA in Dorlisheim near the start of the Marathon and the 10 km.

Half-Marathon runners must respect their assigned shuttle times, failure to do so and your seat will no longer be guaranteed. Spectators and other people accompanying the runners are not permitted to get on the shuttles.

We recommend you to park in the CORA parking lot; shuttles leaving from the Marathon Village will allow you to return to your car until 4:00pm. Think of carpooling, because a special parking area, in CORA, is reserved for this environmentally friendly mode of travel.

AWARD CEREMONY

The award ceremony for scratch winners and winners by category will be held starting from 11am at the Marathon Village and will begin with the 10 km.

The 1st place marathon runners, male and female, will be weighed in wines from Alsace after the traditional weighing ceremony.

RESULTS

The race results will be posted in the Marathon Village starting at 10:30am for the first finishers

SPÄTZLE PARTY

Marathon du VIGNOBLE D'ALSACE

INFORMATION FOR RUNNERS



The "Spätzle Party" takes place at the *Hôtel de la Monnaie* Saturday evening starting at **6:00pm**. Prepaid tickets will be included in the bib number envelopes but it is also possible to buy the tickets on-site from one of the two cash registers.

Please note that for groups, the prepaid tickets for those accompanying the runners will be found in the envelope of the responsible person for the group.

MARATHON RUNNER PLATE

The marathon runners are invited to dine at the *Hôtel de la Monnaie* after the race; the meal tickets will be found in the bib number envelope. For other runners, see *SPÄTZLE*.

GIFTS

Each "adult" runner can retrieve a bottle of white wine from Alsace and a tee-shirt at the Marathon Village, upon presentation of the bib. Marathon and Semi Marathon runners will also receive a medal.

POOL

Entrance to the Molsheim outdoor pool is free for all marathon runners upon the presentation of their bib.

PHYSIOTHERAPISTS

45 physiotherapy students from the school, Physiotherapie Schule Ortenau in Germany are available after the race on the ground floor of the Hôtel de la Monnaie (Marathon Village).

DAY CARE

Your children will have a great time at the Day Care, open from 6:45am to 2:30pm, located in the *Maison des élèves, rue Charles Mistler* (close to the Marathon Village). **Please provide a snack and / or meal.**

DRESSING ROOMS - SHOWERS

You can get changed and take a shower in the gym "Hossenlopp".

WATER STATIONS

The Marathon du Vignoble d'Alsace strives to be eco-friendly. One of our eco-friendly initiatives consists of using local faucet water. This water is distributed to runners in paper cups throughout the race. Note that these water stations are also organized among the vineyards.

The traditional supply stations will be available every 5 km (water, dry fruit, fresh fruit and cereal bars). The gastro-vinique stations will delight your taste buds every 5 km starting from KM 2.5. In all, some **22 stations** are offered along the course of the Marathon; an average of one station every 2 km.

GARBAGE

Runners, please respect Mother Nature. Don't throw plastic bottles, paper cups, energy tubes, etc. Please carry them until the following supply or water station.

RACE SECURITY

Bicycles and motorized vehicles are prohibited on the race course.

We wish you a great race! Enjoy the magnificent scenery throughout the Alsatian vineyards, bask the beautiful colors for which the villages in Alsace are famous and don't hesitate to take a short break at each Viticulturist, who takes pleasure in sharing his/her wine and local gastronomy... simply take advantage of the availability of over 1000 volunteers present throughout the entire race or at the Marathon Village.

